

Young Chefs Club - Experience at the Worldchefs Congress, Kuala Lumpur

My time in KL was short but enjoyable. The Worldchefs Congress was a great way to network and meet many new chefs from around the world, as well as to connect with all of the chefs in training from around the world.

The Young Chefs Club at the Congress was inspiring in having celebrity chefs talk about their passion for food. We were fortunate enough to have someone in one of our sessions with the chefs to talk about how to go about creating a dish and all the factors of taste, flavours, colours and texture to take into account.

I had no idea that the WorldChefs Congress had so many ongoing charity works to bring professional made food to those in need such as Chefs without Borders. Knowing that we can make a difference in this world by cooking was something I didn't think was possible.

The Congress had many new speakers about spreading the word to our younger generations about the good practices of a balanced diet, which I think is very important to encourage and to get a younger generation involved in and excited about food, which will hopefully result in more future chefs.

Being able to watch the competition teams from around the world was inspiring seeing what new creations they made and how they achieved them.

It was a good experience that I would do again if given the chance I've made new chef friends and we still keep in touch.

The Congress is a real chance for people to see a new side of the cheffing community.

By Nicola Warren

